

## Keeping Brain Fit At Home

Our Groups: *Pick and Mix, The Giggly Group, Young at Hearts, The Urchins, Passmore Pals, Happy People, Us Lot and Freya's Friends.*

This week our topic is: **SUMMER AND GARDENS**



“June is bustin’ out all over”

Here at Memory Matters we have been discussing some of the things we like best about the season of summer:

**Clarinda** loves the smells in her garden at dawn and dusk in summer – fresh cut grass, stocks and wild honeysuckle growing in the colourful country lane hedgerows.

**Sophie** loves walking her dogs during the long summer evenings.

**Lynn** loves seeing all the new buds and leaves coming out on the plants in my garden...and also seeing all the bees and butterflies buzzing around.

## Summer

Summer, when we lie on grass  
Under shimmer of blue sky.

Murmuring bees, shade of trees,  
Matching butterflies flutter by.

Evening holds the scent of flowers,  
Racing in lightness, swallows fly.

- We wonder what things you look forward to when summer is on its way?

Here are some examples of summer sensations that you might like to add to:

**Sight** - happy families building sandcastles on the beach

**Smell** - appetising food cooking on charcoal barbecues

**Sound** - the whirring of lawnmowers busily cutting the grass

**Taste** - sweet cornish strawberries with clotted cream

**Touch** - the warmth of the summer sun on our faces

June is a wonderful time in the garden as all the different flowers, plants and trees provide us with a beautiful kaleidoscope of colour and an array of fragrant scents

- What would be one of your favourite summer scents?
- We like sweet peas, honeysuckle, sprigs of lavender and fresh garden mint.
- Monet's Water Lilies and Van Gogh's Sunflowers are famous paintings of flowers.

If you were asked to paint a "masterpiece" which flowers would you choose to paint?

- What is blooming in your garden, patio or window boxes right now?  
Hopefully not too many weeds...
- If you were to win a prize in a local garden show, what would it be for?
- How many girls' names can you think of that are named after a flower or plant?

**Jasmine**

**Violet**

**Poppy**

**Holly**

### Flower related songs

Here at Memory Matters we like listening to:

Build me up Buttercup by The Foundations

Edelweiss from The Sound Of Music

Ramblin' Rose by Nat King Cole

Black Rose by Thin Lizzy (that one's for Andy!)

We like to see and hear the honey bees buzzing around in the garden looking for their sources of nectar. The worker bees perform a "waggle dance" to tell the other bees where the food is!

- We wonder if you are familiar with these sayings and can tell us what they mean?
  - The bee's knees
  - A bee in your bonnet
  - The grass is always greener on the other side of the fence
  - A rolling stone gathers no moss
  - As busy as a bee
  - Like bees around a honeypot
- Do you like to spread honey on toast or would you prefer to have a different topping?

**Butter**

**Jam**

**Marmite**

**Melted Cheese**

- Garden Parties are a good way of raising money for local charities, we wonder which stalls you think would be the best fundraisers?
  - Guess the weight of the cake
  - How many sweets in the jar
  - Cakes, scones and biscuits stall
  - Find the hidden treasure
  - Splat the rat!
- If you were volunteering to run a stall, what would it be?  
We would like to have a go at the following:

**Fortune Telling**

**Face Painting**

**Strongman (High Strike)**

**Coconut Shy**

**What is a frog's favourite flower?**

A croakus!

**Photo Archive:**



Cathy and Lynn enjoying looking at resources from "The Great Outdoors" Memory Box from Truro Museum.