

Keeping Brain Fit At Home

Our Groups: Pick and Mix, The Giggly Group, Young at Hearts, The Urchins, Passmore Pals, Happy People, Us Lot and Freya's Friends.

This week our topic is: **EASTER**



Easter is the only time when it's perfectly safe to put all of your eggs in one basket!"

Here at Memory Matters we have been talking about all of the things we look forward to at Easter Time:

Clarinda's Granny always used to give her an Easter Egg either in a new mug with a cute kitten on it or an egg cup. She still has a 'Pinky or Perky' egg cup in her cupboard now.

Lynn is looking forward to the lighter evenings and it warming up as well.

Annie used to live next door to a farm when she was a child and liked helping her friend Pam to bottle feed some of the new born lambs.

People say that March is the month when winter and spring collide! We've certainly had some wild and windy weather lately so we thought that we would share this poem with you to remind us all that spring is here...

It's Spring by John Foster

It's spring
And the garden is changing its clothes,
Putting away
Its dark winter suits,
Its dull scarves
And drab brown overcoats.

Now, it wraps itself in green shoots,
Slips on blouses
Sleeved with pink and white blossom,
Pulls on skirts of daffodil and primrose,
Snowdrop socks and purple crocus shoes,
Then dances in the sunlight.

- We wonder which items of clothing you will be hunting out to wear this spring?
- Perhaps it is too early to discard our winter clothing, "Ne'er cast a clout till May be out" is a well known saying - when do you think is a good time to cast off your winter woollies?!
- Do you prefer to walk in the warm spring sunshine or laze around on a hot summer's day?

At Easter time we have two bank holidays; Good Friday and Easter Monday which means that many families can enjoy a long weekend together.

- We wonder what sort of Easter festivities you may have enjoyed with your family over the years?

Decorating eggs Going to church Easter Parade Making Simnel Cake

- If it is warm enough to eat outside what food items would you include in your picnic hamper?

**Sausage Rolls Flask of tea or coffee Homemade Pasties Battenberg Cake
Lashings and lashings of ginger beer (for all you Enid Blyton fans!)
Chocolate Easter treats come in all shapes and sizes Cadbury Creme Egg
Lindt Easter Bunny Mini Eggs with a hard candy shells**

- What type of chocolate do you prefer?

Dark chocolate

Milk chocolate

White chocolate

- Did anyone have their name iced onto an Easter egg in Woolworths?
- If you were to hold an Easter egg hunt in your home or garden, where would be a good place to hide the eggs from the children?

The Easter bonnet was made popular by Irving Berlin and his musical film Easter Parade starring Judy Garland and Fred Astaire. The film featured the Easter Parade in New York City.

- How far would you travel to go and watch a good carnival?
Rio de Janeiro New Orleans Notting Hill Down the road to the local one!
- If you were taking part in a fancy dress competition on a parade, who or what would you dress up as?
Villagers used to turn out to see their parade pass by with tractors pulling the floats and local brass bands providing the music.
- What did you think of Terry Wogan's version of The Floral Dance featuring The Brighthouse and Rastrick Brass Band?

*"I thought I could hear the curious tone
Of the cornet, clarinet and big trombone
Fiddle, 'cello, big bass drum
Bassoon, flute and euphonium"*

- Which of these instruments would you like to have a go at playing?
- Tell us about some of your favourite music that you like to listen to.

Q. What do you get if you pour boiling water down a rabbit hole?

A. Hot cross bunnies.

Photo Archive:



Congratulations to Clare who celebrated her 100th Birthday last week. Clare joins in with our online sessions every Monday!